



NOVEMBER 2018

Café Menu

Weekly nutritional information, can be found [here](#).



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			<p>1 Country Fried Steak w/gravy Mashed Potatoes Blackeyed Peas Wheat Rolls</p> <p>Tomato Basil Soup Yellow Cake</p>	<p>2 Hotdogs FF House Salad</p> <p>Chili Ice Cream</p>
<p>5 Chicken Patty Sandwiches Mac-n-Cheese, Steamed Squash</p> <p>Pasta Bar Popsicles</p>	<p>6 Baked Ziti Italian Breadsticks Garden Salad</p> <p>Chicken and Rice Soup Brownies</p>	<p>7 Poppy seed Chicken Casserole White Rice Green Beans Hawaiian Sweet Rolls</p> <p>Pasta Bar Rice Krispy Treats</p>	<p>8 Breakfast Eggs, grits Sausage Biscuits & gravy</p> <p>Oatmeal Cookies</p>	<p>9 Sloppy Joes Chips Mixed Vegetables</p> <p>Pasta Bar Ice Cream</p>
<p>12 School Holiday</p>	<p>13 Meatball Subs Chips and Dip Glazed Carrots</p> <p>Broccoli & Cheese Soup Pudding</p>	<p>14 Turkey and Dressing Candied yams w/ marshmallows Green bean casserole Sister Shubert rolls</p> <p>Assorted Pies</p>	<p>15 Cheese Ravioli Bread Sticks Caesar Salad</p> <p>Taco Soup Pound Cake</p>	<p>16 Pizza Steamed Broccoli</p> <p>Pasta Bar Ice Cream</p>
19	20	21		
<p>26 Chicken Fingers White Rice Steamed Zucchini</p> <p>Pasta Bar Popsicles</p>	<p>27 Baked Lasagna Bread Sticks House Salad</p> <p>Chicken & Wild Rice soup Banana Pudding</p>	<p>28 Grilled Cheese Chips Steamed Cauliflower</p> <p>Pasta Bar Cookies</p>	<p>29 Tacos Mexican Rice Refried Beans Chips & Queso</p> <p>Bowtie Pasta soup Churros</p>	<p>30 Parmesan Chicken w/Linguini Caesar Salad Steamed Squash</p> <p>Ice Cream</p>